



**50 + FORUMS
March 2008 Newsletter**

Remember way back to August last year and the launch of the 'Feet for Purpose?' campaign? February 20th will mark 6 months from the launch of the campaign that was to improve access to foot services. While the government has yet to take this on board Age Concern Sunderland (and other Age Concerns throughout the country) have been 'doing their bit'. The good news here is that from February 29th we have a Foot Health Practitioner starting in our ActivAge studio. She will be there each Friday working from 9am until 1pm. Appointments must be made through our General Office here at the Bradbury Centre on 0191 5141131. The cost is £15. Along with this Lynn will be attending several of our forums to tell us what we can do to keep our feet in tiptop condition.

Profile - Lynn Ward Foot Health Practitioner

Lynn works as a nurse in a nursing home. She qualified as a Foot Health Practitioner in October 2007. She is able to give foot health advice, deal with corns, calluses (hard skin), verrucas, nail cutting and ingrown toenails. Infection is high on her list of priorities. She decided to venture into foot health due to the lack of services available. Lynn also runs a mobile service which enables her to visit people in their own homes.

The recent presentations by Sunderland Telecare and TPCT Oral health have gone down very well. In the near future we will be looking at foot care and the importance of looking after your eyes as you get older. If there are any topics you would like addressed at future forums, please let me know. It usually takes about two months to arrange speakers etc. so give me plenty of time.

Please find enclosed:

- ✓ Foot care poster
- ✓ Older person malnourishment leaflet
- ✓ Hungry to be heard leaflet

March Forums are printed on the back of this letter.

A usual if you have anything you want me to look into contact me, Susan Urwin,
At Bradbury centre, Stockton Road SR 2 7AQ. Tel. 0191 5141131

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AREA	VENUE	TOPIC	DAY/DATE/TIME
SOUTH	Croftside House, Doxford Park	Oral Health	Monday 3 rd Time 10.30
WASHINGTON	Roseberry Court	Oral health	Wednesday 5 th 11am
COALFIELDS	Hetton Peat Carr	Oral Health	Wednesday 12 th 11am
WEST	High Grindon House, Grindon Lane	Foot Care	Monday 17 th 11am
WASHINGTON	Lambton Village Centre	Oral Health	Tuesday 18 th 10.30am
COALFIELDS	Gillwood Court, Penshaw	Sunderland Telecare	Tuesday 18 th 10.30am
NORTH	Brabent Gardens	Oral Health	Wednesday 19 th 12.30
SOUTH	Tom Urwin House, Silksworth Lane	Foot Care	Tuesday 25 th 2pm
EAST	Bradbury Centre, Activage Studio	Foot Care	Wednesday 26 th 2.30pm
NORTH	Chillingham House	Consultation on the TPCTpodiatry services	Thursday 27 th 2.30pm