

**'Opportunities and Challenges for
Seeking Employment for the 50+ Age Group'**

Invitation

You are invited to come along and participate in this exciting one day seminar. Please see overleaf for the programme of the day.

**Thursday 10 January 2008
10.00am – 3.00pm**

**Age Concern Sunderland, Bradbury Centre,
Stockton Road, Sunderland, SR2 7AQ**

- Are you currently looking for a job, either full-time or part-time?
- Would you like a career change?

Age Concern Sunderland are holding a one day seminar to explore the opportunities, challenges and issues that the over fifties may face in finding employment.

Places are limited, so please book early to avoid disappointment.

The seminar will be followed by a four week Job Search Skills course and also an additional twenty weeks of mentoring, support and consultancy.

For more information contact:

Leisure and Learning Staff

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Programme

- 10.00am** Registration and Refreshments
- 10.30am** Welcome and Introduction
- 10.45am** Guest Speaker – B & Q
- 11.15am** Guest Speaker – Jobcentre Plus
- 11.30am** Guest Speaker – Job Linkage
- 11.45am** **Workshop 1**
‘What are the hurdles and barriers to seeking employment and how can they be overcome?’
- 12.15pm** **Workshop 2**
‘What are the strengths and skills of older people?’
- 12.45pm** Lunch
- 1.15pm** Feedback and findings from workshops
- 1.30pm** Evaluation
- 2.00pm** Course Registration (optional)
- 3.00pm** Close

There will be an opportunity for questions after each guest speaker.